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Woodlem Park School  
Al-Hamidiya, Ajman



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# WOODLEM WAVES

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NOVEMBER



INCLUSION NEWSLETTER



2025

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## MESSAGE FROM THE PRINCIPAL MS. SHINY DAVISON

This November, Woodlem Park Hamidiya united to reinforce our commitment to a safe and inclusive school community. Our Anti-Bullying Awareness Month empowered students to stand up for kindness, supported educators in strengthening positive behavior practices, and encouraged parents to deepen conversations at home. Together, we continue building a culture where every child feels safe, valued, and heard.





## UPSTANDERS IN ACTION: STUDENT-LED ASSEMBLY

On 17th November, Grades 3 and 4 lit up the stage for an Anti-Bullying Assembly that was nothing short of inspiring. From the proud badge ceremony for our Kindness Ambassadors to heartfelt speeches and a dance that stirred our spirits, the message was clear: Each child holds the power to spark change with kindness.

Students explored what bullying truly means—not just words or actions, but exclusion too—and learned the courage it takes to speak up and stand beside those in need. Our young learners showed empathy in action, inviting others to play and making our school a warmer place.



## PARTNERSHIP WITH AJMAN POLICE DEPARTMENT

On 4th November, law enforcement joined the fight against bullying with a dynamic session for our Phase III students. The Ajman Police shared real stories, legal facts, and ways to spot and stop bullying—with a strong message that our community stands united against it.

By linking school values with community safety, students were empowered to seek help and stand tall knowing they're backed not just by peers, but by the law.



# EMPOWERING PARENTS: FOSTERING SAFE & SUPPORTIVE ENVIRONMENTS

Our online workshop on 27th November offered parents practical tools to build safe and nurturing homes. Covering digital safety, domestic harmony, and prevention, the session brought the school-home partnership into sharper focus.

Parents embraced the S.T.O.P. Rule (Several Times on Purpose), learned to be compassionate listeners, and explored how strong family bonds protect against risky behaviors—all in alignment with Wadeema’s Law protecting every child's right to safety and care.

# PROFESSIONAL EXCELLENCE: STAFF DEVELOPMENT

**Behaviour Management Training**  
On 17th November, staff sharpened their skills with expert-led strategies, gaining confidence to create calmer, more supportive classrooms that meet each child's unique needs.

**Conscious Leadership & Collective Well-being Workshop**

On 7th November, our leadership team embraced transformative frameworks that foster trust, vulnerability, and gratitude. By modeling these values, they help create a school culture where bullying simply loses power.

## CREATIVE VOICES: ANTI-BULLYING POSTER MAKING

November blossomed with color and creativity as our Grades 5 to 8 artists designed posters bursting with messages of kindness, respect, and courage. These powerful visual stories—on display throughout the school—remind us daily that our collective stand against bullying is beautifully expressed through empathy and art.

From “Stand Up for What's Right” to “Be Kind, Be Respectful,” these posters champion inclusion and celebrate the power of every voice





## NATIONAL COMMITMENT: E-SIGN PLEDGE



The school hosted a Mental Health Awareness Film Screening focused on educator mental health and self-care. This event motivates open dialogue among staff about professional challenges, inspiring teachers to prioritize their wellbeing and helping them model positive mental health behaviors for students.

## AWARENESS IN ACTION: CLASSROOM VIDEO SCREENING

A specially curated Anti-Bullying video aired on 3rd November across all Phase 3/4 classes, helping students recognize bullying, understand its impacts, and encouraging them to become heroes bystanders—ready to act with kindness and courage.

## WELLNESS FRIDAYS: AFFIRMATION BOOST!

Wellness Fridays introduced a unique stress-relief activity where teachers were given balloons to blow up and then burst, symbolically releasing their stress and worries. This simple, fun exercise helped teachers physically and mentally let go of tension, encouraging relaxation and a lighter mindset to support their well-being.

[CLICK HERE TO REDIRECT TO THE VIDEO!](#)

## WELLNESS WEEKLIES: TINY HABITS, BIG IMPACT

Each week, students and staff are invited to focus on small, meaningful habits—like pausing for a moment of gratitude, offering a simple act of kindness, moving mindfully, and taking a short digital detox—to gently boost their overall wellbeing.