

Subject: Pink October Awareness Activities (Phase 3&4)

Dear Parents,

Greetings from Woodlem Park Al Hamidiya Private School!

As part of **Pink October**, the school will be conducting a series of meaningful **activities** to promote health awareness, healthy lifestyles, empathy, and community support. Pink October is not only about wearing pink; it is an opportunity for our students to **learn, make healthy choices, show compassion, and stand together as a community**.

Planned Activities for Students (Grades 5 to 9)

1. Walk for a Cause – “Step Up for Pink”

Students will participate in a school-wide walking or step challenge to encourage physical activity, healthy habits, teamwork, and awareness.

2. The Pink Ribbon Project – “Every Ribbon Has a Message”

Students will create individual pink ribbons carrying a **positive message, healthy habit, wellbeing pledge, or message of support**. These ribbons will be brought together to create a large Pink Ribbon installation in the school.

3. “Beat the Myth!” – Pink Health Awareness Challenge

Students will participate in an interactive **Myth or Fact Challenge** focusing on age-appropriate information about healthy living, wellbeing, and common health misconceptions.

Pink October Dress Code for Students

On **Friday, 16th October 2026**, students are encouraged to show their support by wearing:

- **Boys:** Pink tie
- **Girls:** Pink scarf

Students are expected to maintain the regular school uniform along with the respective pink accessory.

Pink October Hair Donation Drive – A Gift of Hope

Parents and students are encouraged to participate in our voluntary Hair Donation Drive as part of Pink October.

Kindly refer to the poster below for guidelines on cutting and preparing the hair for donation.

Hair Donation Guidelines and Poster: [Click Here](#)

The donated hair should be placed in a **zip-lock bag**, as instructed in the poster, and sent to school with the student for submission to the class teacher.

Thank you for your support and participation in making this Pink October initiative a meaningful expression of kindness, compassion, and hope.



**Principal
Shiny Davison**